

PREMIO EXTRAORDINARIO DE EDUCACIÓN SECUNDARIA OBLIGATORIA 20-21

PRUEBA DE LENGUA INGLESA

Criterios generales de evaluación:

1. Comprensión escrita:

Se valorará la capacidad para:

- Identificar ideas generales y específicas del texto propuesto.
- Adecuar el contenido de las respuestas a las preguntas que se formulan.
- Valerse del contexto para determinar el significado del léxico.

2. Expresión escrita:

Además del contenido se valorará:

- La organización del texto y su coherencia textual y discursiva: uso correcto de conectores lógicos y elementos de cohesión textual, correcta distribución estructural del contenido, etc.
- La propiedad, precisión y riqueza del léxico utilizado.
- La corrección sintáctica, morfológica y ortográfica

Criterios de calificación específicos de la materia:

El ejercicio se valorará con un máximo de 10 puntos, distribuidos del siguiente modo:

QUESTION 1: 1,5 points

Se obtendrán 0,30 puntos por cada respuesta correcta; $0,30 \times 5 = 1,50$ puntos.

QUESTION 2: 2 points

Se obtendrán 0,40 puntos por cada respuesta correcta; $0,40 \times 5 = 2,00$ puntos.

NO se obtendrán puntos si no se cita el fragmento del texto en el que se fundamenta la selección, o la cita apuntada no justifica la respuesta.

QUESTION 3: 2 points

Se obtendrán 0,50 puntos por cada respuesta correcta; $0,50 \times 4 = 2,00$ puntos.

Las respuestas erróneas descontarán 0,20 puntos.

QUESTION 4: 1,5 points

Se obtendrán 0,30 puntos por cada respuesta correcta; $0,30 \times 5 = 1,50$ puntos.

Los posibles errores ortográficos o de spelling descontarán hasta 0,20

QUESTION 5: 3 points

La obtención de los tres puntos posibles se distribuirá de la siguiente manera:

- a. Contenido: hasta 0,5 puntos.
- b. Léxico: hasta 0,5 puntos.
- c. Corrección ortográfica, morfológica y sintáctica: hasta 1 punto.
- d. Calidad de la estructura formal: hasta 1 punto.

No se calificará la redacción si el contenido de la misma no se ajusta al tema solicitado. Y se penalizará con 1 punto en el caso de que el número de palabras sea inferior o superior al número solicitado.

Especificaciones para la realización del ejercicio

- Las respuestas se realizarán en las mismas hojas que contienen el enunciado
- No está permitido el uso del diccionario

“OK not to be OK”: Mental health takes top role at Olympics

By Associated Press, adapted by Newsela Staff

For decades, elite athletes were told to shake it off or toughen up — to set aside the doubt and focus on the task at hand: winning.

For years, Olympic gymnast Simone Biles was good at setting aside her doubts. But then, on July 27 2021, she announced that she was not in the appropriate headspace to compete. When Biles dropped out of that night's Olympic gymnastics meet, she did it with a gold medal at stake. And in the process, she redefined the discussion about mental health in sports, which many have avoided until now.

Olympic swimmer Michael Phelps won a record 23 gold medals and is now retired. He has long been open about his own mental health struggles, including depression. When someone is depressed, they find it hard to experience happiness and may lose interest in activities. Mental illness, such as depression, affects a person for long periods of time and can be serious enough to interfere with daily life. Phelps said watching Biles's struggle broke his heart. "Mental health over the last 18 months is something people are talking about," Phelps said. "We're human beings. Nobody is perfect. So yes, it is OK not to be OK."

“THRIVEWORKS”, a mental health service, found that 1 in 3 elite athletes suffer from anxiety and depression. It analyzed more than 18,000 print, online, broadcast and social media sources. It found that 69 percent of negative comments were about female athletes and 31 percent were about male athletes. When the focus is on an individual athlete, about 29 percent of the coverage has a negative tone. This shows the public pressure and criticism athletes face, said Kim Plourde, a therapist at Thriveworks.

Jenny Rissveds of Sweden was the youngest women's cross-country mountain biking champion when she won gold in the Rio Olympics at 22. A year later, two deaths in her family triggered mental health issues that she still deals with. Rissveds finished 14th in Tokyo, but she was happy to be done with the competition. "I have a name and I hope that I can be Jenny now and not the Olympic champion, because that is a heavy burden," she said.

QUESTION 1 (1,5 points)

Find the words in the text that mean:

a) to leave behind (1st paragraph)

b) quitted (2nd paragraph)

c) quarrels (3rd paragraph)

d) sparked (5th paragraph)

e) load (5th paragraph)

QUESTION 2 (2 points)

Read the article and decide if the sentences are true (T), false (F) or not mentioned (NM). Copy the evidence from the text. No marks are given without proper quotations.

1. Simone Biles has shown mental issues for a long period of time.

T / F / NM

Quotation: _____

2. Michael Phelps retired because of his mental problems.

T / F / NM

Quotation: _____

3. Michael Phelps felt sad for Simone Biles.

T / F / NM

Quotation: _____

4. Men athletes receive more positive comments than women ones.

T / F / NM

Quotation: _____



5. Jenny Rissveds has recently won a gold medal.

T / F / NM

Quotation: _____

QUESTION 3 (2 points)

Transform the following sentences using the words given between brackets or starting by the words given, so that their meaning does not change.

1. Rissveds finished 14th in Tokyo, but she was happy to be done with the competition

Although _____

2. Michael Phelps has won 23 gold medals.
23 gold medals _____

3. Biles dropped out the night of the Olympic Gymnastics meet. Biles's struggle broke Michael Phelps's heart. (Join the two sentences by means of a relative pronoun)

4. Michael Phelps didn't face his mental issues when he was competing. He suffered a strong depression after he stopped swimming.

If Michael Phelps _____

QUESTION 4 (1.5 points)

Fill in the gaps of the following sentences with an appropriate option of the ones given.

Resilience isn't about toughness. It's not about persevering _____ **1** _____ all costs. It's about recharging and prioritizing your mental well-being. It's about persevering with a purpose or recognizing when you need _____ **2** _____ a step back. I think the biggest question that organizations (athletic and otherwise) need to ask is why is it acceptable for people to operate in an environment where they feel pushed to their breaking point and _____ **3** _____? Later Biles announced that she had also _____ **4** _____ from the individual all-around competition. Her actions send a powerful message—your mental health and _____ **5** _____ come first, even on the world's biggest stage.



- 1.- a) in b) on c) at d) ---
- 2.- a) take b) taking c) having taken d) to take
- 3.- a) beyond b) far c) under d) later
- 4.- a) withdrawn b) quit c) abandon d) left
- 5.- a) secure b) balanced c) good-be d) well-being

QUESTION 5 (3 points)

COMPOSITION: Write a composition of 90 to 120 words answering the following question: *How can we teach children to practice sport in a healthy physical and mental way?*