



## COMPRENSIÓN DE TEXTOS ESCRITOS

### DATOS

Apellidos: .....

Nombre: .....

DNI / NIE: .....

Señale lo que corresponda:

Enseñanza LIBRE  / OFICIAL

Grupo / Profesor: .....

### INSTRUCCIONES PARA LA REALIZACIÓN DE LA ACTIVIDAD

- Duración: **60 minutos**.
- Apague su **teléfono móvil**.
- Escriba sólo con **bolígrafo azul o negro**.
- No olvide realizar **todas** las tareas.
- Escriba sus respuestas en **la hoja de respuestas (reverso de esta página)**.
- Al finalizar, entregue **todas las hojas** utilizadas.

PUNTUACIÓN TOTAL : ..... / 20



## HOJA DE RESPUESTAS

|                   |  |                |
|-------------------|--|----------------|
| <b>TASK<br/>1</b> | <b><u>CHRONIC PAIN &amp; ILLNESS</u></b><br>(8 items x 1 mark = 8 marks) | ...../ 8 MARKS |
|-------------------|--|----------------|

|           |  |                 |  |
|-----------|--|-----------------|--|
| <b>0.</b> | <b><i>This course runs over a month.</i></b>                             | <b><i>T</i></b> |  |
| <b>1.</b> | Mindfulness may have an impact on our social life.                       |                 |  |
| <b>2.</b> | Its strength is still far from that of conventional medicine.            |                 |  |
| <b>3.</b> | It has been also shown to affect our mental network.                     |                 |  |
| <b>4.</b> | Tina values the complexity of her mindfulness techniques over the years. |                 |  |
| <b>5.</b> | She highlights the way her patients battle to solve their own problems.  |                 |  |
| <b>6.</b> | She says her clients approved of the course.                             |                 |  |
| <b>7.</b> | One of them complained about still being in pain.                        |                 |  |
| <b>8.</b> | Tina will show her own meditation programme in November.                 |                 |  |



|                   |  |                       |
|-------------------|--|-----------------------|
| <b>TASK<br/>2</b> | <b><u>HOW TO CURB YOUR ADDICTION TO NEWS</u></b><br>(7 items x 1 mark = 7 marks) | <b>...../ 7 MARKS</b> |
|-------------------|--|-----------------------|

| <b>HEADINGS</b> |  | <b>TEXT<br/>NUMBER</b> |  |
|-----------------|--|------------------------|--|
| <b>A.</b>       | Enough is enough! Cut down on redundant material.          |                        |  |
| <b>B.</b>       | How about that thing you'd always wanted to take up?       |                        |  |
| <b>C.</b>       | However difficult it is, get down to something different.  |                        |  |
| <b>D.</b>       | Involving the people around you can be of great help.      |                        |  |
| <b>E.</b>       | The key lies on the planning of your routines.             |                        |  |
| <b>F.</b>       | <del>The more connected, the less authentic you are.</del> | <b>0</b>               |  |
| <b>G.</b>       | Wait until you check other news sources.                   |                        |  |
| <b>H.</b>       | When technology becomes a surprising ally.                 |                        |  |
| <b>I.</b>       | When your addiction has a true positive side effect.       |                        |  |



|                   |  |                       |
|-------------------|--|-----------------------|
| <b>TASK<br/>3</b> | <b><u>FACT CHECK: AUSTRALIA'S UNPRECEDENTED<br/>FIRES</u></b><br>(10 items x 0.5 mark = 5 marks) | <b>...../ 5 MARKS</b> |
|-------------------|--|-----------------------|

|     |           |   |     |  |  |
|-----|-----------|---|-----|--|--|
| 0.  | SCORCHING | ✓ |     |  |  |
| 16. |           |   | 21. |  |  |
| 17. |           |   | 22. |  |  |
| 18. |           |   | 23. |  |  |
| 19. |           |   | 24. |  |  |
| 20. |           |   | 25. |  |  |

**READING TASK 1****(8 items x 1 mark = 8 marks)**

Read the following text on mindfulness and Tina Stallard, a yoga teacher. For each of the sentences 1-8, decide if they are TRUE (T) or FALSE (F) according to the information shown below. Item 0 is done as an example.

**CHRONIC PAIN & ILLNESS - HOW MINDFULNESS MIGHT HELP**

The Breathworks Mindfulness for Health course helps people living with long-term pain or illness to improve and even transform their quality of life. During the eight-week course you learn how to pay more attention to the present moment, rather than living in the past or the future. Mindfulness helps us to open to our experience with compassion and care – an approach which can have many benefits: improved physical and mental health, increased resilience, better concentration, more fulfilling relationships and greater enjoyment of life.

Mindfulness has been shown to be effective for people with a wide range of conditions, including chronic back pain, arthritis, fibromyalgia, chronic fatigue, multiple sclerosis and cancer. Long-term illness and pain can often lead to sleeping difficulties, anxiety or depression. Clinical trials show mindfulness practice can be as effective as prescription painkillers and it also boosts the body's natural soothing and healing systems. Neuroscience demonstrates that it can cause physical changes in the brain's structure, allowing us to feel less anxious and more contented. Its benefits are now widely accepted in modern psychology and health care.

Over the eight weeks, the course teaches simple breathing techniques, gentle movement and guided meditation to help deal with chronic pain, stress, illness and other difficulties. "I've been teaching this course for many years, and I have been privileged to witness how powerful these simple practices can be. I see people arrive on the course, some who have exhausted all other avenues, often feeling desperate, frightened and powerless. I see how during the course, people begin to open to their pain and difficulty, rather than using energy to fight them, how the simple act of committing to regular practice gives a chance to develop new responses, how the gentle movements encourage us to relate to our bodies in a different way. And gradually, in subtle and deep ways, the bleak landscape of pain and suffering shifts, and rays of light start to shine through the cloud. At the end, people tell me the experience was "life-changing" and "empowering". One person said it gave her a more joyful quality of life, regardless of how much pain I am in".

Tina will be leading a Breathworks Mindfulness for Health workshop starting Monday, 18 November. The course is based on a meditation programme developed by Vidyamala Burch, the founder of Breathworks, to help her cope with the severe pain of two spinal injuries. [...]

*Texto recortado / Excerpted and adapted from © <https://www.londonmindful.com/blog>*

**READING TASK 2****(7 items x 1 mark = 7 marks)**

Read the following text on the addiction to watching the news. For each of the paragraphs 9-15, choose ONE appropriate heading that best summarizes each of them. There is one title you do not need. Title 0 is done as an example.

**HOW TO CURB YOUR ADDICTION TO NEWS**

|              |   |
|--------------|---|
| 0.- <b>F</b> | <i>Addiction to news has become more prevalent with the increase in news channels and sources. Constantly following the news may make you feel connected to the world, but you are actually less engaged with real life. If you apply some practical tips, and resolve the underlying cause of your addiction, you will restore balance to your life.</i>   |
| 9.           | Seek help from family and friends. If you don't feel you can do this alone, ask a friend or family member. Having someone to help you adhere to your goals will provide you with a greater chance for success, especially if your obsession has been bugging them. Don't wait for them to ask you how you are doing. Consider saying something like, "hey, I wanted to check in with you to let you know how I'm doing [...]" |
| 10.          | Schedule a specific amount of time to watch news. Set a maximum amount of time that won't interfere with other activities. Create a schedule of all your daily events. Setting limitations and tracking your time on a daily schedule or planner will help you hold yourself accountable to your goal. Give yourself a chance to break your news addiction by limiting your online news reading.                              |
| 11.          | Keep a money jar for lapses. If you watch more than your allotted amount of news put money into the jar. It could be donated to a non-profit organization that helps people with addiction.   |
| 12.          | Unsubscribe from news-heavy social media sources. If it is filled with news about the latest sensational terrible event, you will hear the same information from 50 different sources across multiple electronic devices. [...]   |
| 13.          | Use online commitment devices. There are programs that will alert you when you have reached a limit on your viewing time. Also, you can use the program to block sites that are distracting you from your goals. [...]  |

|            |  |
|------------|--|
| <b>14.</b> | Get a new hobby or venture. If you free up your time by reducing your news watching, there will be time to do it. If part of the problem is that you have too much time on your hands, try something new. For example, tackle a project you've had on your "to do list" for years. |
|------------|--|

|            |  |
|------------|--|
| <b>15.</b> | Turn it off. Abstaining from seeking news will likely be challenging due to the constant influx of news that fills online, TV and radio channels. Divert your eyes and ears from news sources and focus on your work or an activity. [...] |
|------------|--|

Texto recortado / Excerpted and adapted from © <https://www.wikihow.com/Curb-Your-Addiction-to-News>

**READING TASK 3 (10 items x 0.5 mark = 5 marks)**  
**Read the following text on fires in Australia. For each of the blanks 16-25, choose ONE appropriate word that best fits in each of them. There are two words you do not need. Item 0 is done as an example.**

**FACT CHECK: AUSTRALIA'S UNPRECEDENTED FIRES ARE DOWN TO CLIMATE CHANGE, NOT ARSON**

The fires in Australia – which are still burning – have so far killed 29 people and an estimated one billion animals, \_\_\_[0]\_\_\_ 17.1 million hectares, more than two-thirds the size of the United Kingdom. This devastation of epic proportions has got some journalists and politicians in Australia rushing to find someone to blame. While most now realise the scale of the damage is down to climate change, many people have \_\_\_[16]\_\_\_ misled into thinking a lot of the fires were deliberately lit, for example. This has been reported as a coordinated effort to shift blame away from climate change in order to protect Australia's leaders – who have no credible climate action plans.

The fires started months before they usually \_\_\_[17]\_\_\_, and have continued to rage during an unprecedented drought and an unprecedented heatwave [...]. And while there have been other \_\_\_[18]\_\_\_ bad fire years, scientists have confirmed that conditions this summer are fundamentally worse. Australia's usual bushfire season started in spring rather than the more usual summer – and hit \_\_\_[19]\_\_\_ harder because of the hot, dry conditions. So the unprecedented nature of these fires is because of climate change. But powerful voices around the world have helped spread the rumour that fires were deliberately lit. Academics researching Twitter concluded that this was the result of a coordinated \_\_\_[20]\_\_\_ disinformation campaign, which used bots to drive certain hashtags into social media.

This lie has spread so far that even a UK government minister said in the Commons that "it has been widely reported on social media that 75% of the fires were started by arsonists". \_\_\_[21]\_\_\_, experts estimate that only about 1% (at most) of the fires were deliberately lit. The truth is that numerous towns and cities have been shrouded in fire-ash pollution, meaning keeping the doors and windows closed in the middle of the summer. \_\_\_[22]\_\_\_ these conditions, people have taken to the streets – their country is quite literally on fire. Australian politicians have suggested in the media that the aftermath of \_\_\_[23]\_\_\_ disasters is not the time to talk about climate change. But fire survivors themselves say that now is exactly the time Australian

politicians need to \_\_\_[24]\_\_\_ the link. For Australia, one of the world's largest exporters of coal, this means some \_\_\_[25]\_\_\_ re-thinking of their contribution to the problem.

*Texto recortado / Excerpted and adapted from ©*

<https://www.greenpeace.org/international/story/28252/fact-check-australias-unprecedented-fires-are-down-to-climate-change-not-arson/>

|          |           |
|----------|-----------|
| ALTHOUGH | MUCH      |
| BEEN     | ONLINE    |
| BEING    | REALLY    |
| DESPITE  | SCORCHING |
| DO       | SERIOUS   |
| DRAW     | SUCH      |
| HOWEVER  |           |

**ANSWER KEY -COM.TE B2 ORD21 ( 20 marks / 25 items)**

**TASK 1. CHRONIC PAIN & ILLNESS - HOW MINDFULNESS MIGHT HELP ( 8 x 1p.= 8p.)**

|    |   |
|----|---|
| 1. | T |
| 2. | F |
| 3. | T |
| 4. | F |
| 5. | F |
| 6. | T |
| 7. | F |
| 8. | F |

**TASK 2. HOW TO CURB YOUR ADDICTION TO NEWS ( 7 x 1p. = 7 p.)**

|     |   |
|-----|---|
| 9.  | D |
| 10. | E |
| 11. | I |
| 12. | A |
| 13. | H |
| 14. | B |
| 15. | C |

**DISTRACTOR: G**

**TASK 3. FACT CHECK: AUSTRALIA'S UNPRECEDENTED FIRES ARE DOWN TO CLIMATE CHANGE, NOT ARSON ( 10 x 0.5p. = 5p.)**

|     |        |     |         |
|-----|--------|-----|---------|
| 16. | BEEN   | 21. | HOWEVER |
| 17. | DO     | 22. | DESPITE |
| 18. | REALLY | 23. | SUCH    |
| 19. | MUCH   | 24. | DRAW    |
| 20. | ONLINE | 25. | SERIOUS |

**DISTRACORES: ALTHOUGH & BEING**



## COMPRENSIÓN DE TEXTOS ORALES

# PRUEBA DE CERTIFICACIÓN

### DATOS

Apellidos: .....

Nombre: .....

DNI / NIE: .....

Señale lo que corresponda:

Enseñanza LIBRE  / OFICIAL

Grupo / Profesor: .....

### INSTRUCCIONES PARA LA REALIZACIÓN DE LA ACTIVIDAD

- Duración: **40 minutos**.
- Apague su **teléfono móvil**.
- Escriba con **bolígrafo azul o negro**.
- Cada tarea se escuchará **dos veces**.
- Para cada una, el procedimiento será el siguiente:
  - **dos minutos** para leer el enunciado y la tarea
  - **primera escucha** del documento
  - **un minuto** para responder
  - **segunda escucha** del documento
  - **dos minutos** para revisar las respuestas y anotarlas en la **hoja de respuestas** (reverso de esta página)
- Al finalizar, entregue **todas las hojas** utilizadas.

|                                      |
|--------------------------------------|
| <b>PUNTUACIÓN TOTAL : ..... / 20</b> |
|--------------------------------------|



**TASK 1 (7 items x 1 p. = 7 points)**

Listen to the following expert talk about bad habits for our brains. For sentences 1-7 below, complete the blanks with the word you hear. Item 0 is done for you as an example.

... /7 POINTS

**5 BAD HABITS THAT DAMAGE YOUR BRAIN**

|    |  |                  |  |
|----|--|------------------|--|
| 0. | <i>The speaker says most people are <u>[0]</u> unaware of their negative habits regarding their brains</i> | <b>SEEMINGLY</b> |  |
| 1. | Many studies show that sleeping with our heads under the sheets may lead to <u>[1]</u> or Alzheimer's.     |                  |  |
| 2. | A good piece of advice is to get some 7-8 hours of <u>[2]</u> continuous sleep.                            |                  |  |
| 3. | Dehydration can lead to <u>[3]</u> , constipation and problems in our kidneys.                             |                  |  |
| 4. | According to the speaker, there are <u>[4]</u> major types of stress.                                      |                  |  |
| 5. | A typical stress symptom is brain <u>[5]</u>   |                  |  |
| 6. | Our memory is <u>[6]</u> to improve if we keep our brain dynamic.  |                  |  |
| 7. | He finishes by encouraging us to <u>[7]</u> ourselves day after day to try something new.                  |                  |  |

Texto recortado / Excerpted and adapted from @<https://youtu.be/VS1BTPIbXso> (Uploaded 12 May, 2018)



|  |                        |
|--|------------------------|
| <p><b>TASK 2 (8 items x 1 p.= 8 point)</b><br/>         Listen to the following review on books for kids and young adults. For each of books described, decide which plot details A-J correspond to each title. There is one plot detail that you do not need. Item 0 is done for you as an example.</p> | <p>.... / 8 POINTS</p> |
|--|------------------------|

**TODAY'S RECOMMENDED BOOKS FOR KIDS & YOUNG ADULTS**

| BOOK TITLES   | PLOT DETAILS |   |
|---|--------------|---|
| <p><b><u>Before the ever after</u></b> by Jacqueline Woodson</p>                | [0] <u>B</u> | ✓ |
|   | [8] _____    |   |
|   | [9] _____    |   |
| <p><b><u>The list of things that will never change</u></b> by Rebecca Stead</p> | [10] _____   |   |
|   | [11] _____   |   |
| <p><b><u>Midnight at the Barclay Hotel</u></b> by Fleur Bradley</p>             | [12] _____   |   |
|   | [13] _____   |   |
| <p><b><u>Stamped</u></b> by Jason Reynolds and Ibram X. Kendi</p>               | [14] _____   |   |
|   | [15] _____   |   |

- A- A variety of narrators speak about a serious social problem.
- B- Its main topic is not what young readers normally choose.
- C- Its topic mixture makes this book look like a modern story.
- D- Its narrator belongs to a winning team in a competition.
- E- One of its main characters is admired by everybody.
- F- Some children share a common passion in this story.
- G- This book is as great as others by the same author.
- H- This book may help to understand dangers in sport.
- I- This is the story of a child after a traumatic event.
- J- This story shows an uncommon weather phenomenon.



|   |                        |
|---|------------------------|
| <p><b>TASK 3 (10 items x 0.5p = 5 points)</b><br/> <b>Listen to the following report on an attempted robbery in the UK. For each of sentences 16-25, decide if they are TRUE (T) or FALSE (F) according to what you hear. Item 0 is done for you as an example.</b></p> | <p>.... / 5 POINTS</p> |
|---|------------------------|

**HATTON GARDEN HEIST**

|     |   |          |  |
|-----|---|----------|--|
| 0.  | <i>The name of the run-away thief is Basil</i>                        | <i>T</i> |  |
| 16. | The heist had been planned for over 3 years.                          |          |  |
| 17. | Basil broke in the main building.                                     |          |  |
| 18. | The surveillance camera wasn't under operation.                       |          |  |
| 19. | The thieves had to abandon the plan when an officer showed up.        |          |  |
| 20. | Weeks after the heist, some of the thieves were seen in a restaurant. |          |  |
| 21. | Thief John Collins's car had been caught on tape.                     |          |  |
| 22. | Brian Reed had already taken part in a robbery.                       |          |  |
| 23. | Brian got to Hatton Garden by public transport.                       |          |  |
| 24. | Over nine million pounds have already been recovered.                 |          |  |
| 25. | Basil was recorded with his face covered under a black cap.           |          |  |

Texto recortado / Excerpted and adapted from © <https://youtu.be/3h8kDo9nNeo> (Uploaded 14 January 2016)

**ANSWER KEY – COM.TO B2.2. ORD21 ( 25 ITEMS / 20 PUNTOS)**

**TASK 1. 5 BAD HABITS THAT DAMAGE YOUR BRAIN ( 7x 1p.= 7p.)**

|    |           |
|----|-----------|
| 1. | DEMENTIA  |
| 2. | QUALITY   |
| 3. | MIGRAINES |
| 4. | TWO       |
| 5. | FOG       |
| 6. | LIKELY    |
| 7. | CHALLENGE |

**TASK 2. TODAY'S RECOMMENDED BOOKS FOR KIDS & YOUNG ADULTS (8 x 1p.= 8p.)**

|     |     |
|-----|-----|
| 8.  | E/H |
| 9   | E/H |
| 10. | G/I |
| 11. | G/I |
| 12. | F/J |
| 13. | F/J |
| 14. | A/C |
| 15. | A/C |

**DISTRACTOR: D**

**TASK 3. HATTON GARDEN HEIST (10 x 0,5 p.=5p.)**

|     |   |
|-----|---|
| 16. | F |
| 17. | F |
| 18. | T |
| 19. | F |
| 20. | F |

|     |   |
|-----|---|
| 21. | T |
| 22. | T |
| 23. | T |
| 24. | F |
| 25. | F |

## TASK 1. 5 BAD HABITS THAT DAMAGE YOUR BRAIN

Adapted from <https://youtu.be/VS1BTPIbXso>

Your brain as far as your body goes is the unrivalled organ and chief. We're talking hundred billion plus cells that collectively control basically everything your body does, but what I find very odd is <sup>0</sup> most people have got negative habits that they're doing every single day that they're seemingly unaware of . That is causing them damage to their brain [...] I'm going to reveal to you the five bad habits you need to remove immediately from your day-to-day routine [...]

Research shows that sleeping with a head beneath the covers can cause brain damage.<sup>1</sup> In fact, some studies indicate that up to twenty three percent of individuals that sleep with a head below the sheets develop Dementia and possibly even Alzheimer's. These conditions are in most cases as a result of the lack of enough oxygen to the brain and so keeping your head free is a useful way of keeping this issue at bay. It is also vital to understand that covering your head, as you see, means that you'll be rebreathing the air that you breathe out which does not contain a lot of oxygen [...]

Let's go into the second point, which is chronic lack of sleep. Research have shown that chronic lack of sleep puts people at the risk of Alzheimer's disease and other neurological disorders. A continuous lack of sleep harms your memory, too... This is because in your sleep mechanisms are hard at work [...] So, here is the solution. <sup>2</sup> Get between seven to eight hours of quality uninterrupted sleep every single night [...]

Let's go into a third point, which is dehydration. This is a common knowledge, but most people do not actually commonly practise this. Water makes up at least 2/3 of the human body and plays an important role in your normal functions, and <sup>3</sup> that's why dehydration can lead to a number of issues from migraines, constipations, to kidney stones... It can also take on a toll on your brain health, affecting your mood and overall brain functions. Symptoms of dehydration include being more prone to irritability, anxiety and fatigue [...]

Let's go on to the fourth point, which is chronic stress. <sup>4</sup> There are two main kind of stress I want you to note down: acute stress and chronic stress. And despite what you think, not all stress is bad for you. Acute stress is a reaction to an immediate threat, commonly known as fight-or-flight response, and once this fretted threat is passed, your level of stress hormones return to normal with no long lasting effects [...] Chronic stress takes a toll on the adrenal glands as well leaving you feel wide but tired. <sup>5</sup> Some of these brain related stress symptoms can include memory loss, brain fog, anxiety and worrying, and when stress becomes chronic it changes your brain function, even its structure down to the level of your DNA... You don't notice that these are happening but you will notice the side effects eventually. [...]

Let's go on to the final point, which is lack of mental stimulation and exercise. There is some truth in the saying 'use it or lose it'. Studies show that mental decline is not inevitable part of aging. People who lead mentally stimulating lives are more likely to be free of dementia conditions like Alzheimer's disease. <sup>6</sup> The more active your brain is, the better your memory is likely to be... The greater the variety of the ways in which you use your mind, the easier you'll find in remembering the things you keep on forgetting, so here are some things I recommend: read more.... read some topics you may have not considered before. Make sure you're consi... educating yourself, stimulating your mind and constantly growing in regards to the amount of knowledge you're absorbing. Stay socially active! The last thing you want to do is constantly isolate yourself. When you're socially engaging with people, this is triggering parts of your brain that's being activated, that you will not get from isolation. So make sure to go out networking, make sure to join groups online and stay socially active. Start an online course or maybe even a day or evening class... You can go out with also .with a friend.... So to put simply, <sup>7</sup> constantly challenge yourself every day to do something new.... challenge

yourself in a unique way or learn something new. Go out there and give this a shot right now [...]

## TASK 2. TODAY'S RECOMMENDED BOOKS FOR KIDS & YOUNG ADULTS

Adapted from <https://www.npr.org/2020/12/26/950360193/book-concierge-top-picks-from-the-year-for-kids-and-young-adults>

Today we have four recommendations of books for kids and young adults, or for adults who like to read books for kids and young adults. To kick it off, I'll share my recommendation. It's **Before the ever after** by Jacqueline Woodson. <sup>0</sup>I realized this is not going to sound like an obvious topic for young readers. chronic traumatic encephalopathy, otherwise known as CTE. It's the brain disease many former NFL players have been diagnosed with, but that's what Woodson writes about in her latest book, she takes on the subject of CTE through the story of a 12 year old boy whose dad is a big football star. He's a giant of a guy who wears a Super Bowl ring <sup>8</sup>and always gets asked for his autograph. And suddenly, he can't remember his son's name. Woodson writes about how dreams fall apart, and how you keep loving someone even as you're losing them. But she does this in a beautiful touching way. It's not a depressing book. <sup>9</sup>And I think it could help young athletes and their parents talk about the risks and benefits of playing football. It's a wonderful story with a non preachy message.

I'm very Hardman, and I'm a books editor here at Weekend Edition, and I'm recommending **The list of things that will not change** by Rebecca Stead. Last summer, I was reading a feature on what famous people read, which is usually quite irritating. But in this case, Jia Tolentino recommended middle grade author Rebecca Stet. Truly, I cannot thank her enough. <sup>10</sup>All of her books are marvelous and her most recent, *The list of things that will not change* is no exception. It's narrated by a 12 year old Her name is Bea. <sup>11</sup>And the book tells the story of life since her parents' divorce. Bea's as funny and charming and insightful. And she is in that kind of quirk that only really great writers can pull off a real child she reads like a real person and her perspectives and her emotions feel authentic. [...] So Stet actually accomplishes this great feat of creating a family that does feel familiar and warm, but without being that classically sentimental or too modeling kind of middle grade book. So with thanks to Jia Tolentino, I give you the list of things that will not change which is a novel made for 2021 family book clubs.

I'm Mary Glendenning, with NPR's research archives and data Strategy Team. The read book I want to tell you about is **Midnight at the Barclay Hotel**. It was written by Fleur Bradley and illustrated by Javier Boni. <sup>12</sup>It's about three kids who team up to solve a mystery at the historic and quite possibly haunted Barclay hotel. Some guests receive unexpected invitations promising a free and relaxing weekend getaway. But there's a catch. It turns out one of them is a murderer. <sup>13</sup>This book has it all a group of strangers with secrets ghost hunting, deadly deserts, a spring snowstorm and a nice bit of teamwork. If you're a middle grade reader who might have secrets of your own, or sometimes feel a little out of place, and you're ready for a sweet and mild taste of red herrings, this book is for you. Next up Agatha Christie.

I'm Alyssa Nadkarni. And I cover higher ed for NPR. I'm recommending **Stamped** by Jason Reynolds and Ibram X. Kendi. <sup>14</sup>It's basically the history of racist ideas told through different characters throughout history. This is an adaptation of a much larger, denser adult book on the same topic. I love this because it's a history book, but it's not really a history book. Like it doesn't feel like a history book doesn't feel like something you would read for school. And they do a really awesome job of <sup>15</sup>kind of weaving in contemporary ideas, lyrics from songs, commercials, things from pop culture, so it feels like it's a now book, even though it's talking about history. [...] It's so good.

### TASK 3. HATTON GARDEN HEIST

Adapted from <https://youtu.be/3h8kDo9nNeo>

**SPEAKER 1:** It would have been the country's biggest ever heist, but for the need for more tools, they might have got away with it. Only a third of the jewelry rings, gold diamonds, other precious stones and cash has been recovered, and<sup>0</sup> an unnamed ginger haired man known as Basil got away. But not these seven. Not William Lincoln known as Billy the fish, nor Cow Wood, or plumber Hugh Doyle, who were all found guilty today and not the masterminds behind this last job. Brian Reed, John Collins, Daniel Jones, and Terry Perkins, who all confessed .Total years, 441 ... Average age, 63 [...]

<sup>16</sup>It was three years in the making a raid on this safety deposit vault, whose security system was well past its sell by date. The way in was through the fire escape round the corner next to number 38. From the moment a white van pulled up in Gravel Street, late on the night of Thursday, the second of April last year, there was no going back. This was the culmination of meticulous planning. That evening, Basil was first in through the main door to the building. <sup>17</sup>He had keys. How ? It's not known , So after 21.20 he's in the courtyard and opens from the inside the fire exit door into Gravel Street. From a parked van, the gang unload bags, tools and wheelie bins, take them through the fire exit and down the stairs. Inside the building, the lift is disabled on the second floor, and from the ground floor some abseiled down the lift shaft to the basement, and then break into the area between the iron gates, which guard the passage to the vault. <sup>18</sup>The CCTV is disabled, the phone cable from the alarm boxes cut... Game on ...Through the night, the men cut and drill their way into the vault. [...] That night, the gang hit a snag when they peered through the hole. <sup>19</sup>Blocking the vision of hundreds of safe deposit boxes was the back of a large steel cabinet bolted to the floor and the ceiling. Their hydraulic pump wasn't powerful enough to force it. They abandoned the vault but not the plan. So near yet so far. They got another on the Saturday that did the job. <sup>20</sup>And several weeks later, three was secretly filmed in a North London pub reliving that breakthrough. By then the Flying squad had connected the dots. <sup>21</sup>The key was this white Mercedes, which was seen on CCTV driving around Hatton Garden, the weekend of the heist. It was traced to John Collins and from then the network fell into place. Brian Reed was the governor at 76. He's the veteran villain. his lifetime of crime included the 26 million pound Brinks mat,<sup>22</sup> armed robbery in 1983, where he was jailed for handling the proceeds from the gold bullion heist....32 years on, he was back.

[...]SPEAKER 2: <sup>23</sup>You wouldn't think that the brains behind this daring heist would have caught a bus to the vaults. But that's exactly what Brian Reed did. [...]

SPEAKER 1: But it was not to be his last hurrah. And he walked away when the gang hit the snag. 14 million pounds worth of valuables was stolen from 44 boxes, most of them owned by diamond traders and jewelers. <sup>24</sup> Nine million has still not being recovered. And what about the mysterious Basil, the only member of the gang to get away? Several cameras caught him over that weekend, <sup>25</sup>walking past with his face concealed by a black bag on his shoulder. [...] A 20,000 pound reward is still on offer to help identify and capture the one outstanding suspect in the country's largest ever heist.



## MEDIACIÓN DE TEXTOS ESCRITOS

### DATOS

Apellidos: .....

Nombre: .....

DNI / NIE: .....

Señale lo que corresponda:

Enseñanza LIBRE  / OFICIAL

Grupo / Profesor: .....

### INSTRUCCIONES PARA LA REALIZACIÓN DE LA ACTIVIDAD

- Duración: **25 minutos**
- Apague su **teléfono móvil**.
- Escriba con **bolígrafo azul o negro**.
- Recuerde: **si no cumple la tarea**, la calificación será 0.
- Escriba sus respuestas en **la hoja de respuestas**.
- Al finalizar, entregue **todas las hojas** utilizadas.

PUNTUACIÓN MEDTE : ..... / 10

PUNTUACIÓN MEDTO : ..... / 10

PUNTUACIÓN TOTAL MEDIACIÓN : ..... / 20



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|--|----------------------|
| <b>TASK 1 (1 x 10p. = 10p.)</b><br>You and your friend love travelling. You care about global warming and your friend... not that much. You read the following article on a newspaper and would like to summarize its main ideas to your friend, since the example below is the perfect excuse for being eco-friendly. Write an email to him/her (120 words approximately) summarizing the text's key ideas <u>in your own words</u> . | ..... / 10<br>points |
|--|----------------------|

### **SAVING NATURE: SCOTLAND WILL SOON HAVE ITS FIRST HYDROGEN-POWERED TRAIN**

Scotland has announced that by the end of 2021, the country will have its first hydrogen-powered train. The project is being undertaken by the Scottish government and a group of specialised engineering firms. Ben Todd, CEO of Arcola Energy, [...] informed that hydrogen traction power provides a reliable and safe and zero-carbon alternative for the country's rail network.

He said, "The hydrogen train project is an excellent opportunity for industry leaders in hydrogen, rail engineering and safety to collaborate with Scottish technology providers to develop a deployment-ready solution." The train is expected to be ready within 10 months.

This is an important step towards saving the environment and, by doing this, Scotland has taken a step towards a stronger stance against climate change. The country is continuously working towards decarbonising its passenger rail services by 2035. Not only this, Scotland has pledged to decarbonise flights within the country by 2040.

Clare Lavelle, Scotland Energy Business Lead at an engineering consultancy, said, "This project is not only a crucial step in helping us understand the practical challenges of using hydrogen traction power on our railways but an example of the type of investment Scotland needs to take advantage of the opportunity to build a secure, flexible, cost-effective and zero-carbon energy network."

This is a major step towards conservation of nature and saving energy. Since train journeys are quite popular across Europe, travellers look to lessen their carbon footprint and this is an impressive way to do so. [...]

*Texto recortado / Excerpted and adapted from <https://timesofindia.indiatimes.com/travel/travel-news/saving-nature-scotland-will-soon-have-its-first-hydrogen-powered-train/as80250928.cms>*

## WRITTEN MEDIATION -CHECKLIST

### **SAVING NATURE: SCOTLAND WILL SOON HAVE ITS FIRST HYDROGEN-POWERED TRAIN**

**TIPO DE TEXTO:** Correo electrónico dirigido a un/a amigo/a.

**REGISTRO:** Informal

#### **IDEAS PRINCIPALES A INCLUIR:**

This hydrogen means of transport is safe and zero-carbon alternative in the UK's rail network.

Expected to be a reality in a short time.

Decisive step against global warming.

Also to be effective in air traffic

Implementation will need an efficient backin-up network.

#### **FUNCIONES COMUNICATIVAS:**

Resumir texto.

Adaptar mensaje a registro informal.

Invitar al acuerdo



## PRODUCCIÓN Y COPRODUCCIÓN DE TEXTOS ESCRITOS

### DATOS

Apellidos: .....

Nombre: .....

DNI / NIE: .....

Señale lo que corresponda:

Enseñanza LIBRE  / OFICIAL

Grupo / Profesor: .....

### INSTRUCCIONES PARA LA REALIZACIÓN DE LA ACTIVIDAD

- Duración: **75 minutos**.
- Apague su **teléfono móvil**.
- Escriba sólo con **bolígrafo azul o negro**.
- No olvide realizar **las dos tareas**.
- Recuerde: **si no cumple la tarea**, la calificación será 0.
- Escriba sus respuestas en **la hoja de respuestas (reverso de esta página)**.
- Al finalizar, entregue **todas las hojas** utilizadas.

PUNTUACIÓN TOTAL : ..... / 20



|               |  |                          |
|---------------|--|--------------------------|
| <b>TASK 1</b> | <p>The school you went to has started a blog where old students can send a message to say hi and write about themselves. Write your post (in 130 words approximately). Don't forget to include the following:</p> <ul style="list-style-type: none"><li>- <b>Your childhood (habits and aspirations).</b></li><li>- <b>What dreams you have achieved.</b></li><li>- <b>What future plans you have.</b></li></ul> | <p>..... / 10 points</p> |
|---------------|--|--------------------------|

|               |   |                          |
|---------------|---|--------------------------|
| <b>TASK 2</b> | <p>Write an article (200 words) for an English-language magazine about this statement 'Information technology and the Internet are rapidly transforming almost every aspect of our lives –some for better, some for worse'. You should include the following:</p> <ul style="list-style-type: none"><li>• <b>An introduction to the topic.</b></li><li>• <b>Arguments for and against.</b></li><li>• <b>A conclusion.</b></li></ul> | <p>..... / 10 points</p> |
|---------------|---|--------------------------|

## PyCTE -CHECKLIST

### **TASK 1: WRITTEN PRODUCTION**

#### **WRITING A POST FOR OUR OLD SCHOOL'S BLOG**

**FORMATO:** Entrada para un blog

**ESTRUCTURA:** Presentación + info sobre infancia/juventud, metas alcanzadas y futuras

**FUNCIONES COMUNICATIVAS:**

- Presentarse, saludar.
- Transmitir recuerdos.
- Describir con detalle personas, lugares, actividades y procesos.
- Despedirse.

### **TASK 2: WRITTEN COPRODUCTION**

#### **WRITING AN OPINION ARTICLE FOR A MAGAZINE**

**FORMATO:** Artículo de opinión

**ESTRUCTURA:** Introducción, puntos a favor y en contra, conclusión

**FUNCIONES COMUNICATIVAS:**

- Introducción al tema, mostrar interés en el mismo
- Confirmar datos a favor de una opinión.
- Poner en duda otros desfavorables a la opinión.
- Hacer una conclusión tras exposición.



## **PRUEBA DE CERTIFICACIÓN-BLOQUE B**

You just read an interesting article on how fashion has changed since the 1950s. Your friend is also very interested in fashion and wants to know what the article said. Summarize it for him/her.

### **MEDIACIÓN DE TEXTOS ORALES**

#### **Fashion through the decades**

1950s: After the Second World War, fashion reacted against rationing and austerity with opulent, feminine styles. Christian Dior launched his New Look, and '50s couture experienced a golden age.

1960s: '60s society was in upheaval, and fashion followed suit with the advent of the mini skirt, the bikini, disposable paper dresses and space age stylings that echoed the Moon race. Youth movements like the Mods and the Rockers began to shape how we dress.

1970s: Modernity became passé as '70s fashions took a turn for the retro, a mish-mash of the Arts and Crafts revival, 1920s and disco. Flares and platform shoes were a trend adopted by both men and women, echoing the egalitarian spirit of the decade.

1980s: MTV crash-landed in the '80s with high-impact music videos heralding an age when music began to define fashion more than ever. Mixing punk, pop, hip-hop along with Gordon Gecko excess, the decade was all about attitude.

1990s: The '90s ushered in an age of minimalism, and a New Age revival that put paid to the 'me me me' attitude of the previous decade. Grunge took to the catwalk with flannel shirts and slips dresses topping the trends.

2000s: Fashion has chopped and changed through revolutions, wars, and a variety of movements in music and art. The cyclical nature of fashion ensures that no trend is gone for long, evidenced in the resurgence of '50s style this season with ladylike skirts and prim frills.

Adapted from: [ustrendy.com](http://ustrendy.com) [20 March 2020]



## **PRODUCCIÓN DE TEXTOS ORALES (MONÓLOGO)**

Think of your ideal job. Why is it your ideal job and why are you the perfect candidate for that type of job? Think of aspects such as your qualifications, your work experience, your skills, your personality, etc.

## **COPRODUCCIÓN DE TEXTOS ORALES (DIÁLOGO)**

### **CANDIDATE A**

It's Friday night and your roommate and you want to watch some TV. However, each of you wants to watch a different show. You want to watch ***Game of Thrones***. You are completely hooked on the show and don't want to miss the latest episode or wait until the day after to watch it online to avoid spoilers. You try to convince your roommate by offering to do something for them (wash the dishes every day the following week, let them choose what to watch the following 4 weeks, invite them to a nice restaurant, etc.).

### **CANDIDATE B**

It's Friday night and your roommate and you want to watch some TV. However, each of you wants to watch a different show. You want to watch ***The Avengers***. You've already watched it five times, but you want to watch it again. Your roommate already decided what to watch the last two weeks, so now it's your turn to decide what to watch.